

# CLEANING AND/OR CHANGING OUT THE HOME ROLLERS



We Change Lives from the Core®

Cleaning or replacing old rollers is a simple way to improve the feel of any residential AbCoaster. It is a simple process that can be easily accomplished by anyone who has already assembled the unit before.

The first step is to remove the carriage from the rails. This cannot be done via the back of the rails (due to the rail bumper mount posts) but must be removed from the front of the unit.

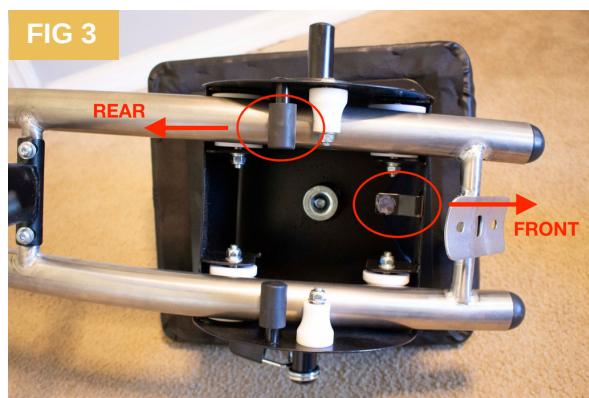
You will need to take a metric Allen wrench and remove the 2 bolts that mount the top of the rails to the front fork, and then below that the two bolts that mount the curved support bar to the front fork as well. Be careful when removing the curved support bar as there is a wire connection joint there for the counter system that should be unplugged as a safety precaution.

Once the front fork has been removed from the rails, you can easily slide the carriage forward and off the rails. This can now be moved to a clear work area or workbench. This would also be a good time to wipe down the rails and give them a good cleaning as they are not obstructed in any way. (Fig 1)

In the event that dirt and grime has built up on the nylon rollers, simply use some rubbing alcohol (or other mild cleaner) to remove the buildup. In the event that the bearings have worn out or the nylon face of the rollers has failed, then you will proceed with changing out the rollers. Once this is done, you can return the carriage to the rails. (Fig 2)

Please note that the rail stops on the carriage should be positioned to be the first thing to contact the rail bumpers and the counter magnet needs to be at the front or the unit will not count correctly.

Once the carriage is mounted to the rails again, reconnect the counter wire and then reattach the the curved support bar and the top of the rails to the front fork. Test the counter and you are done! (Fig 3)



Call for details: **1-866-219-5335** Outside the US: **1-908-879-2713**

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