

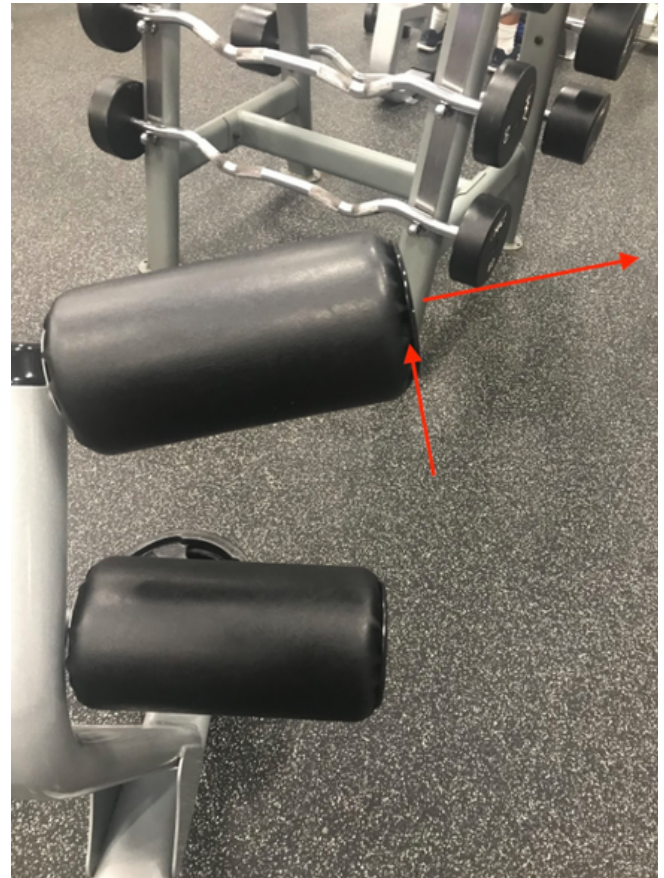


## CHANGING ABS BENCH X2 FOOT FOAM & END CAPS (SW SERIES ONLY)

The older SW series (AbsBench X2 units with serial numbers starting SW and with rubber foot covers) have simple compression fit end caps that are mounted to the ends of each of the 4 foot bars.

Press the padding towards the center of the unit, and with the flat end of a large screwdriver (or similarly shaped object), carefully pry between the end of the pipe fitting and the plastic cap until you can begin to work it loose. You can also attempt to twist the cap. While this will not unscrew it from the unit, it may loosen it and assist with the work of freeing it from the pipe fitting.

Once it is free of the unit, you can slide the old foot foam off the AbsBench and then replace it with the new one. Press the end cap back in the hole and gently tap into place until you are sure lateral movement along the pad will not cause it to dislodge. Repeat this step as necessary for any remaining foot foam you wish to replace.



If there are questions during an install for a tech, PLEASE do not hesitate to call us and discuss! We are happy to assist and make sure that every install goes smoothly. We are happy to hop on FaceTime or Zoom and video chat to make sure things are set up correctly. Just call 866-219-5335 Option 5 and we can set up a video conference.

Call for details: **1-866-219-5335** Outside the US: **1-908-879-2713**

**[www.TheAbsCompany.com](http://www.TheAbsCompany.com)**

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