

ADJUSTING THE BUMPERS ON THE VERTICAL CRUNCH

The most common issue related to the Vertical Crunch is miss-aligned bumpers as seen in the picture below. This situation will cause either the front or rear bumper to take the brunt of the return force and will contribute to it's accelerated demise. There should be no gap where the red arrow appears.

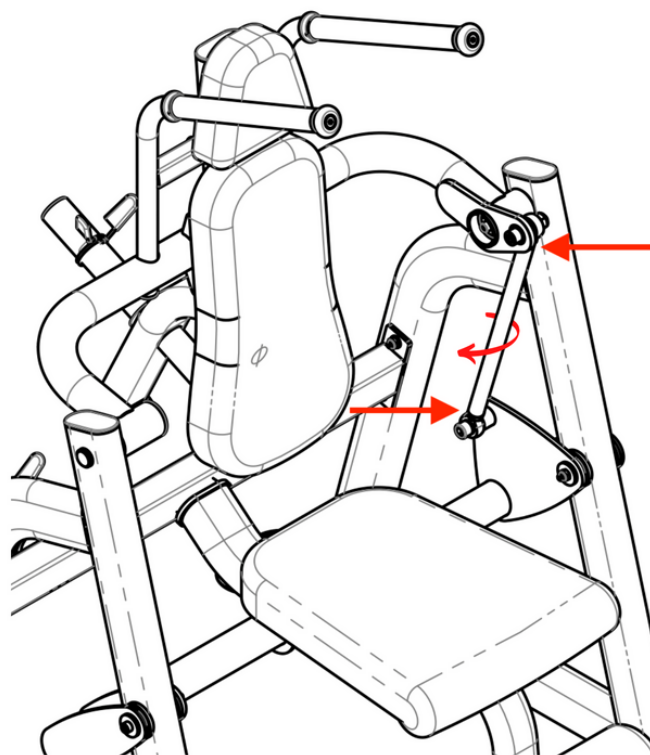
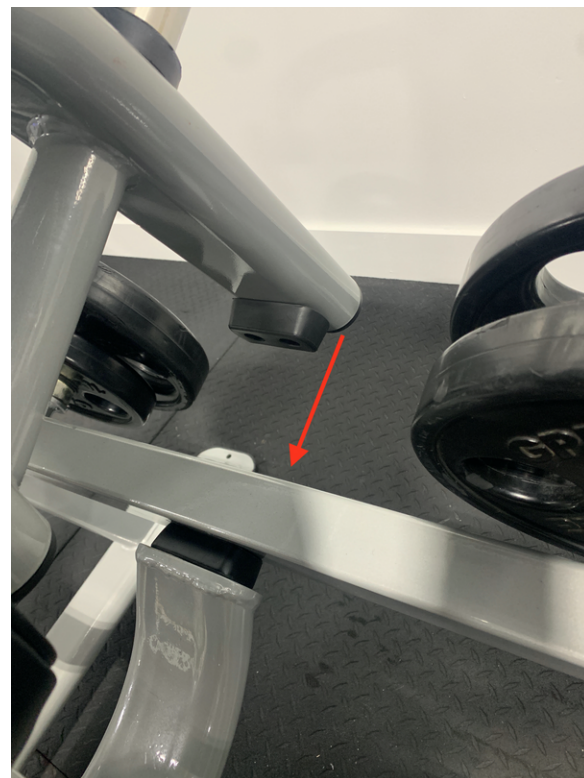
If the two bumpers do not meet together when the unit is at rest, then you will need to adjust it until they do.

Adjusting the space between the bumpers is done by adjusting the Transfer Bar that links the top and bottom actuators on the right side of the machine (if you are facing it) and can be done quickly with just an adjustable crescent wrench.

Start by loosening the lock nuts at the top and the bottom of the Transfer bar (at the red arrow points). Move them all the way up their threads to the bearing and then twist the Transfer rod clockwise to increase the overall length of the Transfer Rod and bring the bumpers to rest on the rear cross bar.

Once this adjustment has been made, and both bumpers are touching the bar, tighten the lock nuts back down against the bar itself and you are good to go.

If there are questions during an install for a tech, PLEASE do not hesitate to call us and discuss! We are happy to assist and make sure that every install goes smoothly. We are happy to hop on FaceTime or Zoom and video chat to make sure things are set up correctly. Just call 866-219-5335 Option 5 and we can set up a video conference.



Call for details: **1-866-219-5335** Outside the US: **1-908-879-2713**

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